

# NCLEX TRAINING PROGRAM

Prepare for NCLEX with GroWise Academy: Your Gateway to a Global Nursing Career!

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# Why NCLEX Certification?

The NCLEX (National Council Licensure Examination) is crucial for nurses who wish to pursue their careers abroad. It assesses whether you possess the minimum knowledge necessary to perform safe and effective entry-level nursing care in countries like the **US**, **Canada**, **Australia**, **and the UK**.

#### **Benefits of NCLEX**

- ▶ Global Opportunities: Work as a Registered Nurse in the US, Canada, Australia, or the UK.
- ► Government Job Eligibility: Qualify for government exams like AIIMS, CGHS, and ESCI in India.
- Career Flexibility: Opportunity to work as a Clinical Investigator in top MNCs like Optum, Omega, Accenture, Cognizant, etc., with an average salary of 5LPA.
- No Age or Attempt Limits: You can attempt the exam multiple times without age restrictions.

# **Eligibility Criteria**

- ▶ Who Can Apply:
  - Registered Nurses (RNs) in India
  - Nursing Diploma, Graduation, Masters, Doctorate holders
- Not Eligible:
  - ANM (Auxiliary Nurse and Midwife)
  - MPHW (Diploma in Multipurpose Health Worker)

**Note** - Candidates must also clear IELTS (for the UK, Canada, Australia) or TOEFL (for the US) based on the country they are applying to work in.



# Why choose GroWise?

- Expert Trainers: Learn from trainers with in-depth NCLEX knowledge and international nursing standards, committed to your success.
- Comprehensive Curriculum: We offer a robust curriculum covering 19 essential nursing subjects, including:
  - Pediatrics
- Maternity
- Code of Ethics

- Fundamentals
- Psychiatric Care

(Each module is designed to ensure you have a thorough understanding of the key concepts required to excel in the NCLEX exam).

- Extensive Practice: Prepare with confidence through:
  - 5,000-7,000 Practice Questions: Covering all essential topics.
  - Daily & Weekly Assessments: To reinforce learning and track progress.
- Flexible Learning Options:
  - 1-1.5 Hour Online Sessions: Conducted Monday to Friday.
  - Flexible Timings: Choose a schedule that works best for you.
- Supportive Learning Environment:
  - Soft Copy Materials: Saunders, Kaplan, Target High 9th Edition, Chaturvedi.
  - In-depth Study Resources: Tailored to help you master the NCLEX content.
- Learning Management System (LMS):
  - Live Recorded Sessions: Available for post-session review and learning.
  - Comprehensive Learning Experience: Ensuring you're fully prepared to pass the NCLEX exam.



## **NCLEX Course Curriculum**

## Module 1: Safe and Effective Care Environment

#### **Unit 1.1: Management of Care**

- Roles and Responsibilities of Nurses
- Client Rights and Advocacy
- Prioritization and Time Management
- Delegation and Supervision
- Ethical Practice and Legal Issues
- Continuity of Care & Discharge
  Planning

#### **Unit 1.2: Safety and Infection Control**

- Principles of Asepsis and Sterile Technique
- Accident/Error/Injury Prevention
- Environmental Safety and Emergency Preparedness
- Handling Hazardous and Infectious Materials
- Infection Control Procedures

#### Module 2: Health Promotion and Maintenance

# Unit 2.1: Growth & Development Across the Lifespan

- Physical, Cognitive, and Psychosocial Developmental Stages
- Health Screening and Risk Factors
- Disease Prevention and Health Promotion Strategies
- Maternal and Newborn Care

#### **Unit 2.2: Aging Process**

- Physiological Changes in Aging
- Promoting Independence and Mobility
- Addressing Common Geriatric Health
- End-of-Life Care and Advanced Directives

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# Unit 3.1: Addressing Mental Health Concerns

- Recognizing and Managing Mental Health Disorders
- Therapeutic Communication Techniques
- Crisis Intervention and Counseling Strategies
- Promoting Coping Mechanisms and Resilience

#### **Unit 3.2: Psychosocial Adaptation**

- Addressing Emotional and Spiritual Needs
- Supporting Patients with Chronic Conditions
- Family Dynamics and Social Support Systems
- Cultural Sensitivity and Patient-Centered
  Care



# **∅** Module 4: Psychological Integrity

#### **Unit 4.1: Psychological Adaptation**

- Stress and Coping Mechanisms
- Behavioral and Cognitive Therapies
- Grief, Loss, and Bereavement Support
- Substance Use and Dependence Management

#### **Unit 4.2: Mental Health Disorders**

- Anxiety, Depression, and Mood Disorders
- Schizophrenia and Psychotic Disorders
- Personality Disorders and Treatment Approaches
- Psychopharmacology and Medication Management

# Module 5: Pharmacological and Parenteral Therapies

#### **Unit 5.1: Principles of Pharmacology**

- Drug Classifications and Mechanisms of Action
- Safe Medication Administration and Dosage Calculations
- Drug Interactions, Side Effects, and Adverse Reactions

#### **Unit 5.2: Parenteral Therapies**

- Intravenous (IV) Therapy and Central Line Management
- Blood and Blood Product Administration
- Pain Management and Anesthesia
- TPN (Total Parenteral Nutrition) and Fluid Balance

#### Module 6: Reduction of Risk Potential

# Unit 6.1: Diagnostic Testing and Lab Interpretation

- Blood Tests, Imaging, and Other Diagnostic Procedures
- Recognizing and Responding to Abnormal Results
- Pre- and Post-Procedure Care

#### **Unit 6.2: Prevention of Complications**

- Monitoring for Complications in Acute and Chronic Conditions
- Preventing Pressure Injuries and Thromboembolic Events
- Infection Prevention in High-Risk Patients

## Module 7: Basic Care and Comfort

#### **Unit 7.1: Providing Basic Care**

- Activities of Daily Living (ADLs)
  Assistance
- Nutrition and Hydration Management
- Sleep and Rest Promotion
- Pain Assessment and Management

#### **Unit 7.2: Comfort Measures**

- Non-Pharmacological Pain Relief
- End-of-Life Care and Palliative Care Approaches
- Maintaining Skin Integrity and Wound Care



# Module 8: Physiological Integrity

#### **Unit 8.1: Body Systems and Functions**

- Cardiovascular, Respiratory, and Renal Systems
- Endocrine, Musculoskeletal, and Neurological Systems
- Immune Digestive, and Reproductive Systems.

#### **Unit 8.2: Physiological Adaptation**

- Managing Acute and Chronic Illnesses
- Fluid and Electrolyte Balance
- Acid-Base Imbalances
- Emergency Management of Physiological Crises

## Module 9: Safety and Emergency Management

#### **Unit 9.1: Injury Prevention**

- Fall Prevention Strategies
- Safe Handling and Mobility Techniques
- Preventing Medication Errors

#### **Unit 9.2: Emergency Management**

- Emergency Response and Triage
- Cardiopulmonary Resuscitation (CPR) and Advanced Life Support
- Disaster Preparedness and Response
- Handling Environmental Emergencies
  (e.g. Natural Disasters, Chemical Spills)

# **COURSE FEE STRUCTURE**

# NCLEX Training Fee: ₹30,000

- One-Time Payment: ₹28,000
- Installment Option is also available.

# Additional Options:

- IELTS Preparation: ₹5,000 (Optional)
- Government Exam Preparation: ₹5,000 (Optional)



Ready to Take the Next Step in Your Nursing Career?

**ENROLL NOW!** 

